

THERAPEUTIC MENTORING

Program Benefits

The Graduate Certificate in Therapeutic Mentoring is a key pathway into the behavioral health field with training focused on building competencies of mentors in mental health theory, research, and practice to ensure youth have access to high quality, strengths-based, culturally responsive, and effective mentors. This approach addresses critical shortages in the mental health workforce, particularly in underserved communities, by expanding the range of providers who can engage youth in culturally responsive, developmentally appropriate interventions. By focusing explicitly on reducing mental health symptoms and promoting psychological well-being, therapeutic mentoring creates a bridge between youth and traditional care systems, facilitating earlier engagement, trust-building, and continuity of support. This certificate can either be a stand-alone option for individuals who have already received a bachelor's degree or it can be used as part of the building blocks to the MBS Community Counseling degree.

Admission Requirements

Admission Overview

Admission will be based on an overall package that considers academic excellence as well as relevant work experience, research, and community involvement. The application process is conducted online and requires the following materials:

Academic Transcripts

- Submit official or unofficial transcripts from a regionally accredited university. Unofficial transcripts may be uploaded to expedite application review; however, official undergraduate transcripts are required for full admission. Preferred qualifications include a BA or BS in fields such as psychology, sociology, social work, health sciences, public health, Native American Studies, anthropology, regional planning, or communications.
- A minimum undergraduate GPA of 3.2 on a 4.0 scale is recommended.

Statement of Purpose

- The statement should describe the student's interests and goals related to training and education in leadership, facilitation, and restorative practices.

Professional Resume

- Should outline related research, leadership, outreach, professional experience and /or volunteer work.

Letters of Recommendation

- Should come from professors or supervisors in related fields who can attest to the applicant's potential for success in the Therapeutic Mentoring certificate program.

Program Requirements

12 credits are required, including:

Code	Title	Credits
MBS 606	Foundations of Mentoring	3
MBS 607	Clinical Community Counseling	3
MBS 619	Motivational Interviewing	3
MBS 668	Psychopathology	3
Total Credits		12