

EXERCISE AND SPORT SCIENCE MINOR

This Minor consists of 18 credits including:

Code	Title	Credits
ESS 181 or ESS 185	Foundations of Exercise and Sport Science Lifetime Wellness	3
ESS electives at the 200-level or above ¹		9
ESS upper-division electives		6
Total Credits		18

¹ excluding ESS 276 Emergency Response and ESS 221-229