

# RECREATION AND OUTDOOR EDUCATION COMPREHENSIVE MAJOR: RECREATION EMPHASIS

## Program Requirements

Recreation consists of 51 credits including the 36-credit Recreation and Outdoor Education Core:

Code	Title	Credits
<b>Recreation and Outdoor Education Core</b>		
ROE 182	Introduction to Recreation and Outdoor Education	3
ROE 189	PRINCIPLES OF OUTDOOR EDUCATN	3
ROE 240	Alternative Programming	3
ROE 283	Leadership and Facilitation	3
ROE 351	Inquiry into Sustainability	3
ROE 398	Program Planning (with laboratory)	3
ROE 454	Human Development and Counseling for Outdoor Educators	3
ROE 468	Leadership and Administration	3
ROE 490	Recreation Philosophy and Ethics	3
ROE 491	Senior Seminar	3
ROE 499	Internship in Recreation and Outdoor Education	3-9
<b>Total Credits</b>		<b>33-39</b>

## Medical Requirement

All Recreation and Outdoor Education majors must obtain a medical competency prior to graduation. Recreation emphasis majors must take ESS 276 Emergency Response or equivalent. Students with an emphasis in Outdoor Environmental Education, Outdoor Leadership, or Recreation and Outdoor Education Major: Comprehensive Program with Five-Year Master in Environmental Management must obtain certification as a Wilderness First Responder (WFR).

First Aid/CPR Competency and the following courses:

Code	Title	Credits
ESS 282	Principles of Sport and Fitness Management	3
ESS 450	Risk Management in Physical Activity Settings	3
Select one of the following:		3
ROE 293	OTDR PURSUITS EDUC-WATER W/LAB	
ROE 295	OTDR PURSUITS EDUC-SNOW W/LAB	
ROE 296	OUTDR PURSUITS EDUC-LAND BASED	
One of the following:		3
ESS 382	Management of Sport and Fitness Facilities	
ROE 466	Facilities and Administration	
One of the following:		3
ROE 333	Recreation and Sport Marketing	
ROE 364	Entrepreneurship and Commercial Recreation	
<b>Total Credits</b>		<b>15</b>

## Capstone Course Requirement

The following courses in the Recreation and Outdoor Education Major fulfill the capstone course requirements: ROE 499 Internship in Recreation and Outdoor Education

## Graduation Requirements

Undergraduate programs require a minimum of 120 semester credits for graduation. Of those 120 credits, 40 credits must be in upper-division courses (those marked 300 and above). Fifteen of these 40 upper-division credits must be earned in courses that are part of the standard or comprehensive major program being pursued.

Students are expected to review all graduation requirements, which can be found in the Western Undergraduate Catalog: Graduation Requirements (<https://catalog.western.edu/undergraduate/graduation-requirements/>).

Course	Title	Credits
<b>Year One</b>		
<b>Fall</b>		
ENG 102	Writing and Rhetoric I (GT-CO1)	3
Essential Skills	MATH	3
Gen Ed	Natural Sciences	3
Gen Ed	Social Sciences	3
HWTR 100	First Year Seminar	1
ROE 182	Introduction to Recreation and Outdoor Education	3
<b>Credits</b>		<b>16</b>
<b>Spring</b>		
ENG 103	Writing and Rhetoric II (GT-CO2)	3
Gen Ed	Social Sciences	3
Gen Ed	Natural Sciences	3
ROE 189	PRINCIPLES OF OUTDOOR EDUCATN	3
ROE 283	Leadership and Facilitation	3
<b>Credits</b>		<b>15</b>
<b>Summer</b>		
ROE 293 or ROE 296	OTDR PURSUITS EDUC-WATER W/LAB or OUTDR PURSUITS EDUC-LAND BASED	3
<b>Credits</b>		<b>3</b>
<b>Year Two</b>		
<b>Fall</b>		
ESS 282	Principles of Sport and Fitness Management	3
Gen Ed	Arts & Humanities	3
Gen Ed	Natural Sciences	3
ROE 240	Alternative Programming	3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
ESS 276	Emergency Response	3
Gen Ed	Social Sciences	3
Gen Ed	Arts & Humanities	3
ROE 333 or ROE 398	Recreation and Sport Marketing or Program Planning (with laboratory)	3
ROE 351	Inquiry into Sustainability	3
<b>Credits</b>		<b>15</b>
<b>Year Three</b>		
<b>Fall</b>		
ROE 398	Program Planning (with laboratory)	3
ESS 450	Risk Management in Physical Activity Settings	3
Elective	ROE Elective (Rec&Sport Mktg or Ent/Com Rec)	3
Elective	Elective	3
Elective	Elective (upper-division)	3
<b>Credits</b>		<b>15</b>

2 Recreation and Outdoor Education Comprehensive Major: Recreation Emphasis

<b>Spring</b>		
Elective	ROE Elective (Outdoor Pursuits)	3
Elective	Elective (Mgt Sport/Fit Facilities/Facilities Mgt)	3
Gen Ed	Arts & Humanities	3
Elective	Elective	3
Elective	Elective (upper-division)	3
<b>Credits</b>		<b>15</b>
<b>Summer</b>		
ROE 296 or ROE 293	OUTDR PURSUITS EDUC-LAND BASED or OTDR PURSUITS EDUC-WATER W/LAB	3
<b>Credits</b>		<b>3</b>
<b>Year Four</b>		
<b>Fall</b>		
Elective	Elective	3
ROE 454	Human Development and Counseling for Outdoor Educators	3
ROE 496	Field Experiences	3
ROE 499	Internship in Recreation and Outdoor Education	3-9
<b>Credits</b>		<b>12-18</b>
<b>Spring</b>		
ROE 468	Leadership and Administration	3
ROE 490	Recreation Philosophy and Ethics	3
ROE 491	Senior Seminar	3
Elective	Elective (upper-division)	6
<b>Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>121-127</b>

Western is committed to doing our part to provide each student a clear path to graduation. This four-year degree plan is a sample map for fulfilling requirements in the major and General Education. The pathway that you take to your degree may differ somewhat from this illustration, depending on where you start and the detours and side trips you may take along the way. You are responsible for ensuring your overall, upper division, and major-specific credits as well as GPA requirements are fulfilled for graduation.